

Come Celebrate With Us

— I.C.G.A.A. EVENTS 2021 —

All Events at Agincourt Recreation Centre, 31 Glenwatford Drive, Scarborough
(Off Sheppard Ave. East of Midland Ave.)

Valentine's Day	Sunday	February 6 th	1-5 PM
Holi (Phagwah).....	Sunday	March 21 st	1-5 PM
Mother's Day.....	Sunday	May 2 nd	1-5 PM
Father's Day	Sunday	June 13 th	1-5 PM
Diwali.....	Sunday	October 31 st	1-5 PM
Christmas	Sunday	December 12 th	1-5 PM

We would like to thank our sponsors and volunteers for their generosity, hard work and dedication.

SPONSORS: Winnie Rampersad, Leonard & Lalita Sanicharan (Airtouch Travels), Kim Correia & Family, Angie Pitamber & Family, Rosanne Goutam & Kem Hamid, Devika (Deeka) & Family

VOLUNTEERS: Kim Correia, Mohan Persaud, Sharon Ramnaraign, Ken Ramnaraign, Andy, Johnny Gani, Barb Nandalall, Maurlyn Sukhmandan, Indra Masihlall, Nandini and Nalisha Rooplall

MUSICIANS: David Singh, Suresh Hanoman, Stephan Pitamber

SINGERS: Angie Pitamber, Karan Singh, Munir Mohamed, Fazil, Chanoo. Muni

Karam Daljit who has served as our Advisor for many years.

Special thanks to Rajiv Persaud - Bluetree Publishing & Design for his patience, advice and contribution for the past 27 years for all the Association's printing.

Special thanks to Jagdish Harry-Paul, Yeshoda Harry-Paul, ICGAA Santa & Miss Claus

2021 I.C.G.A.A. Board of Directors

Board:

- Leila Daljit, Co-Founder 905-827-0368
- Dilip Chetram, Chair 416-565-7924 • Patrick George, Vice-Chair 647-237-9303
- Maureen Sukhmandan, Director 416-287-9547

Executive Members • Shaw Jaundoo, President 905-426-2424 • Leila Daljit, Vice-President 905-827-0368

- Lalita Sanicharan, Treasurer 416-291-9439 • Mac Gurdial, Secretary 905-294-3564
- Doleep Singh, Assistant Secretary/Treasurer 905-472-9237

Please feel free to call for more information or if you would like to contribute in any way.



GOLDEN VIEWS

INDO CARIBBEAN GOLDEN AGE ASSOCIATION NEWSLETTER

— DECEMBER 2020 • www.icgaaseniors.ca —

Message from the President, Indo Caribbean Golden Age Association

Life in a Pandemic

Across the world, the COVID-19 pandemic has physically distanced us. We understandably have concerns for our own welfare and safety and for the wellbeing of our families, friends and colleagues at work. Today, we are facing a grave statewide threat to our health and economic stability, which we fully expect will disproportionately impact our communities.

We live in challenging and uncertain times. While it is impossible to predict how our events will unfold in the coming year. Indo Caribbean Golden Age Association has been here to support and advance the basic needs and rights of our members over the last 28 years, and we will continue to be here in these difficult times. We are planning to ensure continuity of operations in the coming year. We have postponed all Organization sponsored events through the end of 2020 and will evaluate those beyond that date in the coming year. We will update our website with list of resources that can help keep all updated.

Tulsi Persaud and I were making several rounds distributing meals to some of our seniors' buildings. The meals were prepared by friends of us Shantie and Moses who generously contributed their time and financial help to make this happen. It is during times like these that I am proud to be a part of Indo Caribbean Golden Age Association. For 28 years, we have collectively addressed the most pressing community issues and funded innovative solutions to drive transformational change. As President for the past two years I acknowledge to set out and to fulfil certain duties, I am sure that I have done so with the help of the Board of Directors and members of the organisation.

We know that each day is bringing significant challenges and pressures on the operations of the organization and on its leadership. We have lost long last members during this time. A few names who were there for many years and supported this organisation voluntarily.

Passed away are Joyce (Mangri) Ramroop, Lilawati Rai, Mohamed Rasheed and we have lost a very dear one Deviekha Chetram, wife of our Chair Dilip Chetram and sister of our co-founder Ronica Jaipershad. Deviekha had been very supportive, volunteered and sponsored many fashion shows and dances through Tarana Dance School.

My Executives and I encourages all of you to take moments to look after your mental health as you are also looking after your physical health. Please know that we're here to help those in our community. Stay home, stay safe, but stay active. One thing remains clear to me; this comparatively difficult time in our personal and professional lives will get better.

I would like to thank the Board of Directors and Executive, volunteers, musicians and singers for stepping up when we had to relocate due to the fire at Agincourt, it was great teamwork. I look forward to a productive and successful future and invite each of you to participate, and most important become involved. All of us at ICGAA wish you and your family.

A MERRY CHRISTMAS AND A HAPPY & HEALTHY NEW YEAR

Shaw Jaundoo, President, Indo Caribbean Golden Age Association

Mission: The Indo Caribbean Golden Age Association is a voluntary Association dedicated to improve the quality of life and independence of its members through encouragement, involvement and project. It will strive to meet their leisure, social physical and intellectual needs and to equip them to become active contributors and participants in the Canadian Society.



Seasons' Greetings from ICGAA:

We stayed the course! As 2020 draws to a close, many of us stop and reflect on what kind of year it has been. It has been a year with its challenges; however, there have also been many positives, ICGAA's co-founder Leila Daljit writes.

'The year 2020 has been like no other' By Leila Daljit

Seasons Greetings from myself and the Board of Directors of the Indo Caribbean Golden Age Association. As the year draws to a close, many of us stop and reflect on what kind of year it has been. I think you would agree that 2020 has been a year like no other. In our reflections, many of us this year will be holding loving memories of dear ones who have passed. I would be remiss if I did not acknowledge the particular hardships of loss this year. Never before have we experienced the challenge of saying goodbye to our loved ones amidst the confines of a pandemic. I know this year many of us were unable to pay our respects and say our goodbyes in person to dearly departed family and friends. We could not gather and comfort each other during times of loss and hardship. In this way, 2020 was a particularly challenging year for many, but your resiliency shined through. You stayed connected through phone calls, cards, email, online chats, and most of all, through the power of love and prayer. Although this year brought different times, it is important we acknowledge that there were some good times, and many good deeds. President Shaw Jaundoo and past President Tulsi Persaud, along with many volunteers, prepared and delivered dinners to many of our members over the months. Some of us learned how to use WhatsApp, FaceTime, or Zoom. We took advantage of the good weather to sit outside and enjoy the fresh air; and we kept learning – learning how to stay safe; learning how to wear our masks, and learning how to social distance. We let our hair get long, and for some, a little greyer. But most of all, we stayed the course, and continue to do so while we also stay positive. It is your positivity that has been the special ingredient that keeps the ICGAA moving forward, and looking forward. When I look ahead, I realise that in 2022 the ICGAA will be celebrating our 30th anniversary. What a milestone that will be. The Board and I are looking forward to the continued evolution of the Association as we witness the change from our first generation of Golden Age Seniors to the next generation of membership who are now between the ages of 55 and 60. This is a new era of Golden Agers, who have lived much of their adult life in Canada. Although their work and careers are here, and they raise families as Canadians, they have a continued desire to embrace and share their Caribbean culture, camaraderie, and social interactions, which is most heartwarming to us and a credit to you all. We look forward to the time when we will be able to meet in person and resume the fun and good times of your Golden Age. Until then its so important that you keep up your connections and your spirits. We want you to stay safe and be well. On behalf of the Board of Directors, ICGAA sponsors, and our dedicated team of volunteers, we wish each and every one of you "Happy and Healthy Holidays".

Leila Daljit is a co-founder of the ICGAA.

Visit ICGAA's website at: www.icgaaseniors.ca



ICGAA Board Members & Volunteers (left to right): Kim Correia, Leila Daljit, Barb Nandlall, Marilyn Sukhannandan, Soorajnie Jaundoo, Karna Persaud, & Lalita Sanicharran.



Executives & Board of Directors 2019 & 2020 (From Left): Doleep Singh (Ass. Secretary/Treasurer), Leila Daljit (Vice President), Shaw Jaundoo (President), Maureen Sukhannandan (Director), Patrick George (Vice Chair), Dilip Chetram (Chair), Lalita Sanicharan (Treasurer), Mac Gurdial (Secretary)



Valentine February 9th 2020 – Angie Pitamber and members of ICGAA



Honoring Mothers of ICGAA over the last decade



Honoring the Fathers of ICGAA over the last decade